About Helping Hand

Helping Hand Charity was established by the medical staff at the Royal Belfast Hospital for Sick Children in 1997 with the single aim of helping the children in their care.

Helping Hand is an independent Charity which operates through a board of trustees and fundraises exclusively for "The Children's".

Increasing pressures on the National Health Service make it essential to find additional sources of revenue – to provide the best equipment, to fund research, education and to support the immediate needs of children and their parents.

The Royal Belfast Hospital for Sick Children has been caring for children since 1873. Today Royal Children's is a dedicated children's hospital which functions as a district general hospital and also houses most of the Paediatric Regional specialties for Northern Ireland.

By supporting Helping Hand, you will be helping to purchase vital new equipment to diagnose and treat the hospital's young patients, to provide facilities and services for families and to fund research into children's illnesses.

Please contact the office for more information on 028 90278872 or email
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